

CROWNE PLAZA®

— BY IHG —

Fiji Nadi Bay
Resort & Spa

POOLSIDE ACTIVITIES

MONDAY (MONITI)

TIME	ACTIVITIES	WHAT TO BRING	VENUE
10:00AM	FISH FEEDING	HAT/SUNSCREEN	BEACHFRONT
10:30AM	FIJIAN HISTORY/MYTHS/LEGENDS	PEN&PAPER	LOBBY KIDS CLUB AREA
11:30AM	POOL AEROBICS	HAT/SUNSCREEN	POOLSIDE
2:00PM	EGG THROWING	HAT/SUNSCREEN	BEACHFRONT
3:00PM	WATER RELAY	HAT/SUNSCREEN	BEACHFRONT
4.00PM – 5.00PM	FIJIAN MEKE CLASS (PAID)		KIDS CLUB
DUSK	TORCH LIGHTING		POOLSIDE

TUESDAY (TUSITI)

TIME	ACTIVITIES	WHAT TO BRING	VENUE
10.00AM	FISH FEEDING	HAT/SUNSCREEN	BEACHFRONT
10.30AM	TRADITIONAL WOODEN DRUM BEATING DEMO	HAT/SUNSCREEN	LOBBY IN KIDS CLUB AREA
11.30AM	POOL AEROBICS	HAT/SUNSCREEN	POOL SIDE
1.00PM	CROWNE PLAZA OLYMPICS	HAT/SUNSCREEN	POOL SIDE/BEACHFRONT
2.00PM	MARCO POLO	HAT/SUNSCREEN	LOBBY IN KIDS CLUB AREA
3.00PM	COCONUT TUNNEL	HAT/SUNSCREEN	BEACHFRONT
4.00PM	FIJIAN MEKE CLASS (PAID)		KIDS CLUB
DUSK	TORCH LIGHTING		POOL SIDE

WEDNESDAY (VUKELULU)

TIME	ACTIVITIES	WHAT TO BRING	VENUE
7.00AM – 8.00AM	YOGA		BEACHFRONT LAWN
10.00AM	FISH FEEDING	HAT/SUNSCREEN	BEACHFRONT
10.15AM	TIE DYE (PAID)	HAT/SUNSCREEN	BEACHFRONT
11.30AM	POOL AEROBICS		POOL SIDE
2:00PM	WATER BALLOON CATCH & THROW	HAT/SUNSCREEN	BEACHFRONT
3.00PM	PALM WEAVING USING COCONUT LEAF TO WEAVE	HAT/SUNSCREEN	LOBBY IN KIDS CLUB AREA
4.00PM	FIJIAN MEKE CLASS (PAID)		KIDS CLUB
DUSK	TORCH LIGHTING		POOL SIDE

THURSDAY (LOTULEVU)

TIME	ACTIVITIES	WHAT TO BRING	VENUE
10.00AM	FISHFEEDING	HAT/SUNSCREEN	BEACHFRONT
10.30AM	MYTHS & LEGEND OF FIJI	HAT/SUNSCREEN	LOBBY IN KIDS CLUB AREA
11.30AM	POOL AEROBICS	HAT/SUNSCREEN	POOL SIDE
2.00PM	WATERMELON BASHING	HAT/SUNSCREEN	BEACHFRONT
3.00PM	BONE STEALING GAME	HAT/SUNSCREEN	BEACHFRONT
4.00PM	FIJIAN MEKE CLASS		KIDS CLUB
DUSK	TORCHLIGHTING		POOL SIDE

FRIDAY (VAKARAUBUKA)

TIME	ACTIVITIES	WHAT TO BRING	VENUE
7.00AM - 8.00AM	YOGA		BEACHFRONT LAWN
10.00AM	FISHFEEDING	HAT/SUNSCREEN	BEACHFRONT
10.30AM	EGGRACE	HAT/SUNSCREEN	BEACHFRONT
11.30AM	POOL AEROBICS	HAT/SUNSCREEN	POOL SIDE
2.00PM	SACK RACE	HAT/SUNSCREEN	BEACHFRONT
3.00PM	MUSICAL CHAIRS	HAT/SUNSCREEN	BEACHFRONT
4.00PM	FIJIAN MEKE CLASS (PAID)		KIDS CLUB
DUSK	TORCHLIGHTING		POOL SIDE

SATURDAY (VAKARAUWAI)

TIME	ACTIVITIES	WHAT TO BRING	VENUE
10.00AM	FISHFEEDING	HAT/SUNSCREEN	BEACHFRONT
10.30AM	EGGRACE	HAT/SUNSCREEN	BEACHFRONT
11.30AM	POOL AEROBICS	HAT/SUNSCREEN	POOL SIDE
2.00PM	TUG OF WAR	HAT/SUNSCREEN	BEACHFRONT
3.00PM - 5:00PM	FIJIAN EXPERIENCE (PAID)	HAT/SUNSCREEN	BEACHFRONT
DUSK	TORCHLIGHTING		POOL SIDE
6:30PM	POLYNESIAN FIRE SHOW/SPECIAL MEKE BY GUESTS/DANCE		POOL SIDE

SUNDAY (SIGATABU)

TIME	ACTIVITIES	WHAT TO BRING	VENUE
10.00AM	FISHFEEDING	HAT/SUNSCREEN	BEACHFRONT
10.30AM	LEARN HOW TO SPEAK FIJIAN	HAT/SUNSCREEN	BEACHFRONT
11.30AM	POOL AEROBICS	HAT/SUNSCREEN	POOL SIDE
2.00PM	TREASURE HUNT	HAT/SUNSCREEN	BEACHFRONT
3.00PM	KAVA TASTING		LOBBY IN KIDS CLUB AREA
4.00PM	BEACH VOLLEYBALL	HAT/SUNSCREEN	BEACHFRONT
DUSK	TORCHLIGHTING		POOL SIDE

TIE DIE - FJD30 PER PERSON (WEDNESDAY)

FIJIAN MEKE CLASS - FJD20 PER PERSON (MONDAY - FRIDAY)

FIJIAN EXPERIENCE - FJD50 PER PERSON (SATURDAY)

- Shoes must be worn at all times.
- For more information, please reach out to our activities team at the poolside

MAY 2025